



Whitley Bay Football Club Juniors Return to Training - A Practical Guide

On the website, you will find lots of information about our return to football (<https://www.whitleybayfcjuniors.com/covid19.html>). Whilst it is important that you read all of this information, this guide provides a summary of the key information from pre, during and after the training session.

If any player/parent/coach has symptoms of COVID19, they should not attend Foxhunters and should inform the club. If any player/parent/coach develops symptoms after attending a training session they should contact the club immediately.

Pre-training session

Coaches:

- Make sure you have read all the provided documentation on the website, have completed the coach's [online declaration form](#) and planned a session within the current guidelines.
- Check your requested time has been confirmed with the club and communicate it with parents.
- Confirm with the club the DBS cleared people who will be supporting you.
- Check all your players' parents have completed the online consent form and that you are aware of any medical needs that may need to be noted on the risk assessment form.
- Arrange your squad into groups of no more than 5.

Parents/Carers:

- Make sure you have read all the provided documentation on the website and discussed with your child
- Complete the [online consent form](#), paying particular attention to any medical needs your child has
- Discuss with your child how training will be slightly different at present and that they should not be expecting to be playing any contact football at the minute

Players:

- Make sure you have discussed with your parents the documentation provided on the website
- Come to training in your kit and bring only a water bottle with you, preferably with your name on

- Wash your hands before leaving the house.
- **Make sure you go to the toilet before you come to training as the Pavilion will be closed and there will be no toilets available**

The training session

Coaches:

- Please arrive no earlier than 15 minutes before your allotted time
- Check in with the member of committee/safeguarding committee on duty at the front of the building and confirm players who will be attending
- Apply hand sanitiser at check in
- When setting up for your session please use the minimum amount of equipment
- When players arrive remind them of social distancing and get them to place their water bottles at the side of the grid, spaced out
- **Make sure the kids have fun!**

Parents/Carers:

- Please arrive no earlier than 5 minutes before your allotted time
- Please drop your child off by the left hand side of the Pavillion
- No parents/carers will be allowed at the session so if you are staying please park up and remain in the car park

Players:

- On arrival please check in with the member of committee at the Pavillion and apply hand santiser
- Proceed around the left hand-side of the Pavillion to the enclosed area and go straight to your group
- Put your water bottle in the designated area
- Remember social distancing throughout and follow the instructions of the coaches at all times
- **Have fun!**

End of session/Post-session

Coaches:

- Ensure session finishes on time
- Dismiss players round the back of the 3G pitch to The Foxhunters car park where they will be collected (younger players may need to be escorted)
- Players will need to be reminded about social distancing during this walk!
- Clear up equipment and take away to be cleaned
- Provide any feedback to FDOs/committee members

Parents/Carers:

- Ensure you are at The Foxhunter's car park at the end of the session to collect your child
- If your child becomes ill after the session please make sure you contact the coach to inform them

Players:

- At the end of the session, walk around the back of the 3G to meet your parents at the car park - remember to keep your social distance
- Provide any feedback to your coach about the session